Hints
for your comfort
on the Empire Air Services

We hope that these few notes will be helpful to those of you who are not already experienced air travellers and will enable you to enjoy to the full the comfort that these services offer to you.

1 Quietness
The cabin walls of the Imperial flying-boats are insulated so that, in spite of the four powerful engines, you can talk without raising your voice.

2 ‘Banking’
Let us start by reassuring anyone who may be flying for the first time that when the flying-boat turns in leaving or approaching an airport she will probably lean over. This ‘banking’ movement is a perfectly normal operation—it is just the same as the cyclist’s ‘lean over’ at a corner.
3 Chairs
Our chairs have been especially designed by us so that you can alter them from the ‘lie-down’ length to ‘sitting-up’ position simply by adjusting the levers. Lap straps are provided on the chairs. Their use is optional, but some passengers find that they increase the feeling of steadiness and comfort. If you wish to use them, please ask the steward or flight clerk to show you how to fix and release the belt.

4 Ears
When you go up a mountain you sometimes have a feeling of deafness and buzzing in the ears. This is due to the change of pressure of the atmosphere; the same feeling occurs in flying when rising or descending. You can stop this feeling by swallowing hard or by yawning several times. Some people cure it by holding their noses and blowing with their mouths closed.

5 Baggage
On the Empire routes, the free baggage allowance inclusive of the weight of the passenger is 100 kilogrammes (221 lb.). Taking the average weight of a passenger to be 75 kilogrammes (165 lb.), here are two sample lists of what can be carried within the free allowance of 25 kilogrammes (56 lb.):

**LADIES**

1. Lightweight Flannel Suit
2. Afternoon Dresses
3. Washing Frocks (Silk)
4. Dinner Dresses
5. Pullover
6. Cardigan
7. Jumper
8. Silk Skirts
9. Bathing Costume
10. Bathing Cap
11. Scarves
12. Evening Bag
13. Gloves (one for evening)
14. Beach Shoes
15. Slippers

Total weight, including the suitcase: 42 lb.
Weight of luggage allowed: 56 lb.
Surplus for hand baggage and toilet accessories: 14 lb.

**MEN**

1. Dinner Suit
2. Palm Beach Suit
3. Lightweight Flannel Suit
4. Pair Lightweight Flannel
5. Trousers
6. Pair Black Town Shoes
7. Pair Tan Town Shoes
8. Pair Suede Sports Shoes
10. Shirts (3 Day, 3 Sport)
11. 3 Pairs of Pants
12. 3 Vests
13. 1 Set of Toilet Accessories

2. Soft Dress Shirts
3. Soft Dress Collars
4. Soft Dress Socks
5. Pair Dress Socks
6. Pairs Day Socks
7. 1 Pair Braces
8. 1 Pair Suspenders
9. 1 Pair Handkerchiefs
10. 1 Dozen Handkerchiefs
11. Suits Lightweight Pyjamas
12. Lightweight Dressing Gown
13. 6 Day Ties
14. 1 Slipover
Total weight, including the suitcase \( \ldots \) 54 lb.
Weight of luggage allowed \( \ldots \) 50 lb.
Surplus weight for hand luggage or personal goods \( \ldots \) 2 lb.

You can take extra baggage with you at the ‘excess baggage rates’ shown in our timetables or, if you like, we will gladly arrange to have it sent in advance for you by steamship.

Please reserve one case to be available for ‘night stops’ along the route. Generally speaking, passengers do not dress for dinner on the journey.

6 **Cameras**

The regulations about cameras are very strictly enforced by many of the countries over which you pass, and you must have any cameras carried under lock and seal during the flight. Will you therefore please hand yours over to us before embarkation. If you do not do this you may get into serious trouble with the local authorities.

7 **Currency Coupons**

Experienced travellers know how easy it is to lose money on exchange. In order to overcome this difficulty, we issue ‘currency coupons’ which save you carrying about with you small change in several different currencies. These coupons, which can be bought at any of our offices, are bound in books of ten, value 5s. each, and cost £2 11s. a book. The coupons may be changed for local currency at any of our offices or those of our associated companies. If you have any coupons left at the end of your journey we will buy them back at their face value.

8 **Clothes**

The cabins are warmed and ventilated, and you need no clothing other than that you would require on a train journey. Do not trouble to take a rug with you; you have only to ask the steward to bring you one if and when you feel the need of it.

Each passenger has a specially controlled ventilator over his chair—just ask the steward if you want less air or more—or you can adjust the ventilator yourself.

9 **The Steward**

The steward is there to look after your comfort and requirements on the journey; please do not hesitate to make use of his services.
He can supply you at any time during your journey with the following articles:

(a) Free of charge. Cocoa, coffee, chocolate, Bovril, sandwiches, cocktail snacks, biscuits, fresh fruit, pencils, notepaper, postcards, booklets descriptive of the route and maps, guides to night stops, aspirin, smelling salts, eau de Cologne, Eno’s Fruit Salts, cotton wool, barley sugar, saccharine, Glucose D, White-Wings air-sickness tablets, soap and towels

(b) On sale. Cigarettes (Virginian, Turkish and Egyptian), alcoholic and non-alcoholic beverages and mineral waters

(c) Available for use on the journey free of charge. Playing cards, crossword puzzles, jigsaw puzzles, books, papers, children’s magazines and games, sun glasses

10 For Bad Travellers
Cases of air sickness are not very common. The higher one flies the calmer, generally speaking, is the atmosphere. Our captains are instructed to fly at a height which gives the greatest degree of comfort to the passengers, and often they are able to avoid storms altogether. For those of our passengers who are bad travellers we carry various remedies, all of which can be obtained from the steward free of charge. As a guarantee against illness some passengers find Glucose D and barley sugar very effective, both of which are available. The former palliative is particularly effective if the dose is taken an hour or so before you begin your flight

11 Smoking
There is a smoking compartment in the flying-boat where you may smoke during the flight. Smoking, however, is not permitted while the flying-boat is on the water.

12 Fountain Pens and Bottles
Before you begin your flight it is advisable either to empty your fountain pen or keep it only half full and to make sure that any bottles containing liquids (particularly scents and lotions) have their caps firmly screwed down. The reason for this is that if you fly at high altitudes any air inside the fountain pen or bottle is at higher pressure than
that outside and so may force either the ink or the liquid from its container. You may therefore damage your clothes.

13 Giddiness
There is no feeling of giddiness in looking down from an aeroplane, such as you may experience from a high building. The reason for this is that when flying you have no material connexion with the ground.

14 Food and Drink
We advise you to eat only the fruit and to drink only the water supplied to you by the company or by good hotels, for in this way you will avoid the risk of illness.

And remember that great care should be taken of any cuts or abrasions, however slight they may appear. It is also a good idea to use an anti-mosquito lotion wherever necessary—mosquito bites can have unpleasant effects sometimes.

15 Lavatories
There are two on board.

16 Night Flying
When you are flying during the night you may see some exhaust gas flames coming from the exhaust pipes of the engines. These flames are there during the daytime as well as at night and there is no danger from them whatsoever.

17 No Tips—is a rule on the Empire Services of Imperial Airways

At the conclusion of your journey you will be handed a Comments Card, and if you think there is anything more we can do to add to your comfort or pleasure on future journeys we shall be grateful for your suggestions.